

2018 GIRLS RETURNING STATE COMPETITORS

The following is a list of girls who competed in the state meet last year. The grade preceding their name is their grade this year. After their name, in parenthesis, is their place and mark in that event in the state meet last year. Those people who are underlined are athletes from the North Central Region.

SPRINTS

100 Meter Dash

- (12) Beatrice Kjelland - Park River/Fordville-Lankin (3rd - 13.14)
- (12) Grace Zimmerman - Hazen (1st - 12.99)
- (12) Faith Beck - Dickinson Trinity
- (12) Caitlyn Vogel - Des Lacs-Burlington/Lewis & Clark (4th - 13.21)
- (12) Katie Duttonhefer - Hazen (6th - 13.38)
- (12) Alexis Heidler - Pembina County North
- (12) Elise Hintz - Hazen
- (12) Gracie Wright - Hillsboro/Central Valley
- (12) Cassidy Walby - Bowman County
- (12) Elaina Swartz - Park River/Fordville-Lankin
- (12) Amanda Odegard - Southern McLean
- (12) Kaitlyn Schiele - Edgeley/Kulm
- (11) Shawnee Hansen - Killdeer
- (11) Masy Kuntz - Dickinson Trinity
- (11) Faith Aasen - Northern Cass
- (11) Kylie Gommesh - Central Cass
- (11) Chase Peebles - Langdon Area/Edmore/Munich
- (10) Kristina Brossart - Rugby (7th - 13.41)**
- (10) Gracie Bohl - Medina/Pingree-Buchanan
- (10) Kaitlyn Klein - Garrison/Max (5th - 13.31)
- (9) Lanie Awender - Oakes (8th - 13.43)
- (9) Brittney Reister - Medina/Pingree-Buchanan
- (9) Alison Peters - Harvey/Wells County**
- (9) Raelyn Klindt - Langdon Area/Edmore/Munich

200 Meter Dash

- (12) Grace Zimmerman - Hazen (1st - 25.93)
- (12) Beatrice Kjelland - Park River/Fordville-Lankin (6th - 27.12)
- (12) Gracie Wright - Hillsboro/Central Valley
- (12) Katie Duttonhefer - Hazen (2nd - 26.84)
- (12) Faith Beck - Dickinson Trinity
- (12) Lily Pyle - Central Cass (8th - 27.29)
- (12) Elise Hintz - Hazen (5th - 27.10)
- (12) Caitlyn Vogel - Des Lacs-Burlington/Lewis & Clark (4th - 26.94)
- (12) Cassidy Walby - Bowman County
- (12) Cassie Gefroh - Linton/Hazelton-Moffit-Braddock
- (12) Elaina Swartz - Park River/Fordville-Lankin
- (12) Amanda Odegard - Southern McLean
- (11) Masy Kuntz - Dickinson Trinity
- (11) Shawnee Hansen - Killdeer
- (10) Kristina Brossart - Rugby**
- (10) Kaitlyn Klein - Garrison/Max
- (10) Trinity Guenthner - Mohall-Lansford-Sherwood
- (9) Lanie Awender - Oakes

400 Meter Dash

- (12) Grace Zimmerman - Hazen (2nd - 57.12)
- (12) Gracie Wright - Hillsboro/Central Valley (1st - 57.03)
- (12) Caitlyn Vogel - Des Lacs-Burlington/Lewis & Clark (6th - 59.63)
- (12) Elaina Swartz - Park River/Fordville-Lankin
- (12) Taylor Roehl - Grant County/Flasher
- (12) Lily Pyle - Central Cass
- (11) Shawnee Hansen - Killdeer (8th - 1:00.31)
- (11) Destiny Wenger - Linton/Hazleton-Moffit-Braddock

(11) Maria Blessum - Rugby

- (11) Taryn Faul - South Prairie

(11) Anni Stier - Rugby

- (10) Cedar Hall - Parshall (4th - 59.30)
- (10) Reagan Baesler - Hillsboro/Central Valley
- (10) Emma Baasch - Enderlin/Maple Valley
- (10) Kaity Hove - Trenton/Trinity Christian
- (10) Brinklyn Schumacher - Dickinson Trinity
- (10) Julia Bogart - Oak Grove
- (10) Morgan Chalich - Park River/Fordville-Lankin
- (9) Elizabeth Massine - Velva/Drake-Anamoose

MIDDLE DISTANCE - DISTANCE

800 Meter Run

- (12) Gracie Wright - Hillsboro/Central Valley (1st - 2:17.12)
- (12) Mikayla Koenig - Finley-Sharon/Hope-Page (8th - 2:24.93)
- (12) Mackenzie Snyder - Central McLean
- (12) Tristin Lunde - Rugby**
- (12) Greta Eder - Trenton/Trinity Christian
- (11) Amanda Jarrett - Carrington
- (11) Kayla Ogle - Watford City
- (11) Macy Gress - Dickinson Trinity
- (11) Kyle Lauf - Des Lacs-Burlington/Lewis & Clark
- (11) Abigail Farsdale - Kindred
- (10) Reagan Baesler - Hillsboro/Central Valley
- (10) Cedar Hall - Parshall (5th - 2:24.02)
- (10) Taysha Snyder - Central McLean
- (10) Alexius Miller - Bowman County
- (9) Jensyn Zink - Hillsboro/Central Valley
- (9) Drew Frolek - Milnor/Wyndmere/Lidgerwood (7th - 2:24.80)
- (9) MacKenna Arnold - Harvey/Wells County
- (9) Emily Beck - Harvey/Wells County

1600 Meter Run

- (12) Mikayla Koenig - Finley-Sharon/Hope-Page (5th - 5:18.85)
- (12) Abby Wilhelmi - Beach
- (11) Kayla Ogle - Watford City (7th - 5:24.22)
- (11) Amanda Jarrett - Carrington (4th - 5:16.48)
- (11) Grace Bachmeier - Surrey
- (11) Quinn Wrigley - Shiloh Christian
- (10) Reagan Baesler - Hillsboro/Central Valley (2nd - 5:11.86)
- (10) Ahna Mehus - Mayville-Portland-Clifford-Galesburg
- (10) Jakkia Duffy - LaMoure/Litchville-Marion
- (10) Ellie Duchscherer - Rugby**
- (9) Jensyn Zink - Hillsboro/Central Valley
- (9) MacKenna Arnold - Harvey/Wells County (8th - 5:24.75)
- (9) Jalyn Hall - Parshall
- (9) Drew Frolek - Milnor/Wyndmere/Lidgerwood
- (9) Sidra Sadowsky - Hettinger/Scranton
- (9) Chloe Heintz - New Rockford-Sheyenne
- (9) Ashley McFadgen - Barnes County North
- (8) Quinn Neppi - Benson County
- (8) Dreah Frolek - Milnor/Wyndmere/Lidgerwood

3200 Meter Run

- (12) Mikayla Koenig - Finley-Sharon/Hope-Page (5th - 11:45.85)
- (12) Abby Wilhelmi - Beach
- (11) Kayla Ogle - Watford City (2nd - 11:20.06)
- (11) Amanda Jarrett - Carrington (4th - 11:40.95)
- (11) Grace Bachmeier - Surrey
- (11) Shambre Feiring - Stanley/Powers Lake
- (11) Karsyn Hager - Rugby**
- (11) Quinn Wrigley - Shiloh Christian
- (11) Allison Bearstail - Shiloh Christian
- (10) Reagan Baesler - Hillsboro/Central Valley (3rd - 11:23.20)
- (10) Jakkia Duffy - LaMoure/Litchville-Marion
- (10) Ahna Mehus - Mayville-Portland-Clifford-Galesburg
- (10) Elise Ramberg - Langdon Area/Edmore/Munich
- (10) Ellie Duchscherer - Rugby**
- (9) Jensyn Zink - Hillsboro/Central Valley
- (9) MacKenna Arnold - Harvey/Wells County (7th - 11:49.23)
- (9) Carlee Sieben - Grafton
- (8) Quinn Neppl - Benson County**
- (8) Dreah Frolek - Milnor/Wyndmere/Lidgerwood
- (8) Emma Pierce - Trenton/Trinity Christian
- (8) Grace Grubaugh - Surrey

HURDLES

100 Meter Hurdles

- (12) Faith Beck - Dickinson Trinity
- (12) Elaina Swartz - Park River/Fordville-Lankin (1st - 16.10)
- (12) Taylor Roehl - Grant County/Flasher (4th - 16.50)
- (12) Meggie Fischer - Bowman County
- (12) Emily Alt - Beulah (5th - 16.72)
- (12) Raquel Doll - Hazen
- (12) Abby Iverson - Stanley/Powers Lake
- (12) Tessa Schroeder - Enderlin/Maple Valley (6th - 17.13)
- (11) Izzy Shirek - Thompson
- (11) Jaye Fike - Harvey/Wells County**
- (11) KaliRae Garcia - Central Cass (8th - 17.17)
- (11) Sydney Sanford - Watford City
- (10) Hannah Haley - New Rockford-Sheyenne**
- (10) Tia Horning - Beulah
- (10) Leah Hans - Harvey/Wells County**
- (10) Sara Bonn - Des Lacs-Burlington/Lewis & Clark
- (10) Hannah Sailer - Hazen
- (9) Paige Erhardt - Hazen

300 Meter Hurdles

- (12) Elaina Swartz - Park River/Fordville-Lankin (1st - 45.02)
- (12) Taylor Roehl - Grant County/Flasher (2nd - 46.53)
- (12) Raquel Doll - Hazen (4th - 47.32)
- (10) Morgan Hertz - Mott-Regent
- (10) Katya Baranko - Richardton-Taylor
- (11) Izzy Shirek - Thompson (5th - 47.57)
- (10) Emma Baasch - Enderlin/Maple Valley
- (9) Lexis Olson - Langdon Area/Edmore/Munich
- (12) Meggie Fischer - Bowman County
- (10) Hannah Haley - New Rockford-Sheyenne (7th - 48.71)**
- (12) Payton Johnson - Northern Cass
- (9) Julia Quam - Milnor/Wyndmere/Lidgerwood
- (11) Anni Stier - Rugby**
- (10) Hannah Sailer - Hazen
- (10) Olivia Lauth - Harvey/Wells County**
- (11) Sydney Sanford - Watford City
- (12) Abby Iverson - Stanley/Powers Lake
- (10) Sara Bonn - Des Lacs-Burlington/Lewis & Clark

JUMPS

High Jump

- (12) Meggie Fischer - Bowman County
- (12) Tessa Schroeder - Enderlin/Maple Valley
- (12) Carlie Kieffer - Central Cass
- (12) Lily Pyle - Central Cass
- (12) Amber Stevahn - Shiloh Christian
- (12) Taylor Reilly - Drayton/Valley-Edinburg (5th - 5'1")
- (12) Kaitlyn Nokes - Watford City (6th tie - 4'11")
- (11) Izzy Shirek - Thompson (4th - 5'1")
- (11) Tia McGorman - Watford City (6th tie - 4'11")
- (11) Jordyn Everson - Barnes County North (6th tie - 4'11")
- (11) Ellie Stafford - Bowman County
- (11) Kennedy Flaa - Richland
- (11) Camee Wangler - Benson County
- (10) Katya Baranko - Richardton-Taylor (2nd tie - 5'1")
- (10) Maren Bernston - Edgeley/Kulm
- (10) Kaity Hove - Trenton/Trinity Christian
- (9) Brooke Blessum - Rugby**
- (9) Amaya Willer - Dickinson Trinity

Long Jump

- (12) Taylor Roehl - Grant County/Flasher (4th - 16'6")
- (12) Sara Stier - Rugby**
- (12) Emily Alt - Beulah
- (12) Cassie Gefroh - Linton/Hazelton-Moffit-Braddock (7th - 16'5¼")
- (12) Grace Benz - Kidder County
- (11) Masy Kuntz - Dickinson Trinity (3rd - 16'9¼")
- (11) Jordyn Everson - Barnes County North
- (11) Faith Aasen - Northern Cass
- (11) Abbie Jiles - Westhope/Newburg (1st - 17'2")
- (11) Izzy Shirek - Thompson
- (11) Meadow Malone - Lisbon
- (10) Kaity Hove - Trenton/Trinity Christian
- (10) Tia Horning - Beulah
- (10) Jessica Kuchera - Milnor/Wyndmere/Lidgerwood (8th - 16'5")
- (10) Sara Bonn - Des Lacs-Burlington/Lewis & Clark
- (9) Skylar Crow - Richardton-Taylor
- (9) Brooke Blessum - Rugby**

Triple Jump

- (12) Taylor Roehl - Grant County/Flasher (1st - 36'3½")
- (12) Tessa Schroeder - Enderlin/Maple Valley
- (12) Sara Stier - Rugby**
- (12) Cassie Gefroh - Linton/Hazelton-Moffit-Braddock (2nd - 36'2")
- (12) Cassidy Walby - Bowman County (3rd - 35'1")
- (12) Elizabeth Bartholmy - Hettinger/Scranton
- (12) Kaitlyn Schiele - Edgeley/Kulm
- (12) Grace Benz - Kidder County
- (12) Laiken Larson - Drayton/Valley-Edinburg
- (11) Masy Kuntz - Dickinson Trinity (7th - 34'8½")
- (11) Abbie Giles - Westhope/Newburg (8th - 34'7")
- (11) Izzy Shirek - Thompson (5th - 34'11")
- (11) Kennedy Flaa - Richland
- (11) Kylie Grommesh - Central Cass
- (10) Jessica Kuchera - Milnor/Wyndmere/Lidgerwood (4th - 34'11¼")
- (10) Kaity Hove - Trenton/Trinity Christian
- (10) Sara Bonn - Des Lacs-Burlington/Lewis & Clark
- (9) Brooke Blessum - Rugby (6th - 34'10¼")**
- (9) Ashley Holen - Watford City

Pole Vault

- (12) Faith Beck - Dickinson Trinity (1st - 10'6")
- (12) Mikka Haugeberg - Watford City (3rd tie - 9'9")
- (12) Corrie Dobitz - Killdeer (6th - 9'3")
- (12) Taylor Reilly - Drayton/Valley-Edinburg (8th - 9'0")
- (12) Chenneth Morlock - Killdeer
- (12) Rachel Kisse - Killdeer
- (12) Sydney Anderson - Killdeer (3rd tie - 9'9")
- (12) Emerson Hoornaert - Carrington
- (12) Kaitlyn Nokes - Watford City
- (12) Brianna Nielsen - Lisbon
- (11) Maria Blessum - Rugby (2nd - 10'3")**
- (11) Brook Tibke - Southern McLean
- (11) Breien Berger - Hazen
- (10) Kelly Swanson - Rugby**
- (9) Nora Peterson - Mayville-Portland-Clifford-Galesburg (7th - 9'3")
- (9) Brooke Blessum - Rugby**
- (9) Hayley Ogle - Watford City
- (9) Beth Elijah - Lisbon

THROWS

Shot Put

- (12) Maddie Uhlenkamp - Rugby**
- (12) Emma Marion - Grant County/Flasher
- (12) Sloan Smith - Larimore
- (12) Dakota Anne Sipe - Watford City
- (11) Payton Packer - Kindred (8th - 36'5½")
- (11) Paige Haakenson - Nelson County (2nd - 37'11½")
- (11) Erin Haugen - Griggs County Central
- (11) Skylar McLain - Mohall-Lansford-Sherwood
- (11) McKayla Jones - Harvey/Wells County**
- (10) Jasmin Mauch - Hankinson
- (10) Angel Bobbe - Hazen (7th - 36'5½")
- (10) Chloe Gunderson - Stanley/Powers Lake

Discus

- (12) Maddie Uhlenkamp - Rugby (2nd - 117'4")**
- (12) Emma Marion - Grant County/Flasher
- (12) Torie Horning - Beulah
- (12) Joelle Sherlock - Griggs County Central (8th - 108'5")
- (12) Alexis Waldren - Southern McLean
- (12) Hannah Roesler - Central Cass
- (11) Payton Packer - Kindred
- (11) Paige Haakenson - Nelson County (3rd - 116'2")
- (11) Jolene Kuchera - Milnor/Wyndmere/Lidgerwood (7th - 109'7")
- (10) Chloe Gunderson - Stanley/Powers Lake
- (10) Jaidyn Brummond - Surrey
- (9) Haley Huesers - Garrison/Max

Javelin

- (12) Molly Holt - Hettinger/Scranton (6th - 119'7")
- (12) Josie Glaser - Dickinson Trinity (5th - 120'3")
- (12) Tylia Roshau - Dickinson Trinity
- (11) RaeAnn Rohrbeck - Kindred
- (11) Steena Larsen - Killdeer
- (11) Amanda Roller - Oak Grove
- (11) Emma Mitchell - Northern Lights**
- (11) Hannah Gordon - Park River/Fordville-Lankin
- (11) Hayley Schmidt - Stanley/Powers Lake
- (11) Paige Haakenson - Nelson County
- (10) Faith Dockter - South Border
- (10) Haley Hase - Linton/Hazelton-Moffit-Braddock
- (9) Kendra Odegard - Lisbon (2nd - 137'0")